

**Cardiovascular Medicine P.C.**  
**CT SCAN OF THE PERIPHERAL ARTERIES**  
**Patient Preparation Instructions**

Moline Diagnostic Center  
1<sup>st</sup> Floor, CVM Heart Center  
350 John Deere Road  
Moline IL 61265  
(309) 743-6700

---

This test is performed to provide information about the blood vessels in you body. You will receive an injection of a contrast dye while images are taken in a CT scanner. This test will help your doctor determine if there are significant blockages in the vessels that supply blood to various parts of your body.

**If you need to reschedule your test please call 24 hours in advance.**

**Failure to carefully follow these directions may require the test to be rescheduled.  
Please read them carefully!**

**DATE:** \_\_\_\_\_ **TIME:** \_\_\_\_\_

**INSTRUCTIONS:**

1. Please do not eat **4 hours** prior to your test. You are encouraged to drink extra fluid during the 24 hours before and after this test. Do not consume any caffeine, nicotine, or alcohol the day of your test.
2. Please tell the staff if you have an **allergy to contrast dye, iodine, shellfish, or other seafood**. If you are allergic to any of these you may need to take some medications prior to receiving the contrast dye for this test.
3. If you are a diabetic and take the medication **Metformin**, please do not take this medication for **24 hours before and after** this test.
4. Women 50 years of age and younger will need to have a pregnancy test (blood test) within 7 days of your appointment date. This is still required if you have had a tubal ligation, but is not necessary if you have had a hysterectomy.
5. You will need to have a blood test that evaluates the function of your kidneys prior to this test.
6. You should take all of your other medications before and after the test unless instructed otherwise.
7. Please allow 1 to 1 1/2 hours for this test.