

**Cardiovascular Medicine P.C.**  
**DOBUTAMINE STRESS ECHOCARDIOGRAM**  
**Patient Preparation Instructions**

\_\_\_\_\_ Davenport Diagnostic Center  
2<sup>nd</sup> Floor, Genesis Heart Institute  
1236 East Rusholme  
Davenport IA 52803  
(563) 324-2992

\_\_\_\_\_ Moline Diagnostic Center  
1<sup>st</sup> Floor, CVM Heart Center  
350 John Deere Road  
Moline IL 61265  
(309) 743-6700

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An echocardiogram is an ultrasound procedure that looks at the heart. Images of the heart's movement are obtained. This is performed while your heart is at rest and immediately following a stress test. You will be receiving a medication called dobutamine for the stress portion of the test. The dobutamine takes the place of walking on a treadmill. This test will help your doctor determine if there are significant blockages in the vessels that supply blood to your heart.

**If you need to reschedule your test please call 24 hours in advance.**

**Failure to follow these instructions may require the test to be rescheduled.**  
**Please read this carefully!**

**DATE:** \_\_\_\_\_ **TIME:** \_\_\_\_\_

**INSTRUCTIONS:**

1. Do not eat, drink, smoke, or consume caffeine or **4 hours** prior to your test. If you are diabetic please ask your doctor about fasting and taking your diabetic medications.
2. Please see the list below regarding medications to be held for this test.
3. You should take your other medications before and after the test unless instructed otherwise.
5. Bring a list of all your medications or your medication bottles.
6. You will be walking on a treadmill so wear comfortable 2-piece clothing and walking shoes.
7. Please allow about 1 1/2 hours for this test.

**Your doctor may ask you to hold the following medications for the indicated number of doses prior to your test: # \_\_\_\_\_ Doses**

_____ acebutolol (Sectral)	_____ labetalol (Normodyne)
_____ atenolol (Tenormin)	_____ metoprolol (Toprol, Lopressor)
_____ atenolol/chlorthalidone (Tenoretic)	_____ nadolol(Corgard)
_____ betaxolol(Kerlone)	_____ pindolol(Visken)
_____ bisoprolol(Zebeta)	_____ propranolol (Inderal)
_____ bisoprolol/HCTZ (Ziac)	_____ propranolol/HCTZ (Inderide)
_____ carvedilol (Coreg)	_____ sotalol (Betapace)
_____ digoxin (Lanoxin)	_____ timolol (Blocadren)
_____ diltiazem (Cardizem, Tiazac)	_____ verapamil (Calan, Isoptin, etc)
	Other _____