

Cardiovascular Medicine P.C.
EVENT MONITOR
Patient Preparation Instructions

Clinton Outreach Clinic
1st Floor, South Entrance, Mercy Medical Center
638 South Bluff Blvd.
Clinton IA 52732

This test uses a small device to record your heart's electrical rhythm. The device is typically worn for a 30 days. You will receive instructions on how to remove the device for bathing and transmit your recorded electrical rhythms to a designated receiving center over the telephone.

There is no patient preparation for this test. Wear a comfortable two-piece outfit when you come for your monitor hook up. The test will take approximately 30 minutes.

If you need to reschedule your test please call 24 hours in advance.

DATE: _____ **TIME:** _____