

Cardiovascular Medicine P.C.
HOLTER MONITOR
Patient Preparation Instructions

_____ Davenport Diagnostic Center
2nd Floor, Genesis Heart Institute
1236 East Rusholme
Davenport IA 52803
(563) 324-2992

_____ Moline Diagnostic Center
1st Floor, CVM Heart Center
350 John Deere Road
Moline IL 61265
(309) 743-6700

This test uses a small device to monitor your heart's electrical rhythm. The device is worn on the chest with four wires connected to electrode patches. You will be asked to keep a diary of your daily activities and any symptoms you may have during the test. Analysis of the electrical rhythm is performed when you return the monitor.

You will be unable to bathe during the test. Please take a shower or bath prior to your appointment. Wear a comfortable two piece outfit when you come for your monitor hook up.

If you need to reschedule your test please call 24 hours in advance.

Length of Recording: () 24 Hour () 48 Hour

DATE: _____

TIME: _____