

Cardiovascular Medicine P.C.
HOLTER MONITOR
Patient Preparation Instructions

Clinton Outreach Clinic
1st Floor, South Entrance, Mercy Medical Center
638 South Bluff Blvd.
Clinton IA 52732

This test uses a small device to monitor your heart's electrical rhythm. The device is worn on the chest with four wires connected to electrode patches. You will be asked to keep a diary of your daily activities and any symptoms you may have during the test. Analysis of the electrical rhythm is performed when you return the monitor.

You will be unable to bathe during the test. Please take a shower or bath prior to your appointment. Wear a comfortable two piece outfit when you come for your monitor hook up.

If you need to reschedule your test please call 24 hours in advance.

Length of Recording: () 24 Hour () 48 Hour

DATE: _____

TIME: _____