

Cardiovascular Medicine P.C.
MYOCARDIAL PERFUSION REGADENOSON STRESS TEST
Patient Preparation Instructions

_____ Davenport Diagnostic Center
2nd Floor, Genesis Heart Institute
1236 East Rusholme
Davenport IA 52803
(563) 324-2992

_____ Moline Diagnostic Center
1st Floor, CVM Heart Center
350 John Deere Road
Moline, IL 61625
(309) 743-6700

This test is performed to provide information about the blood flow to your heart muscle. It will help your doctor determine if there are significant blockages in the vessels that supply blood to your heart and if there has been damage to your heart. The test is performed in two parts. A rest test is performed first. The rest test is followed by a stress test. You will be receiving a medication that takes the place of exercise for the stress portion of the test. For each part of the test, you will receive an injection of a small amount of radioactive medicine. The radioactive medicine travels through the blood vessels and allows a camera to take pictures of your heart.

If you need to reschedule your test please call 24 hours in advance.

Please see the attached list of caffeine products and medications which must be held for this test.

**Failure to follow these instructions may require the test to be rescheduled.
Please read this carefully!**

DATE: _____ **TIME:** _____

INSTRUCTIONS:

1. Please do not eat, drink, or smoke **4 hours** prior to your test. If you are diabetic please ask your doctor about fasting and taking your diabetic medications.
2. **Absolutely no caffeine or decaf products 24 hours prior to your test.** Please see attached sheet for a list of products containing caffeine.
3. Take all your medications unless your doctor instructs you otherwise.
4. Bring a list of all your medications or your medication bottles.
5. Please allow about 4 hours for this test.