

Cardiovascular Medicine P.C.
Products to be held prior to Regadenoson Stress Testing

CAFFEINE products must be held **for 24 hours** in order to prepare for a **Regadenoson Stress Test**. The following products may contain caffeine and **should not** be consumed:

Energy drinks
Coffee/Decaf Coffee
Tea/Decaf Tea
Cola/Diet Cola/Decaf Cola
Mountain Dew/Diet Mountain Dew/Decaf Mountain Dew
Mellow Yellow Orange Cola
Anacin/Excedrin/Any pain relievers containing caffeine
Any food or drink containing CHOCOLATE, such as: ice cream, yogurt,
pudding, baked products, candy, cocoa, chocolate syrup and chocolate milk.

Please Note: Caffeine-Free and Decaffeinated products contain trace amounts of caffeine and must be avoided.

The following prescription medications **should not** be taken **for 48 hours** prior to your test time.

Dipyridamole (Persantine, Dipridacot)

Breathing medications known as xanthines **should not** be taken **for 24 hours** prior to your test time. These include:

Theophylline Slo-Bid Theo-24 Slo-Phylline
Uni-dur Theodur Uniphyl

The medication **Aggrenox** **should not** be taken for **72 hours** prior to your test time.

Please Note: You should not quit taking any prescription medication without specific instructions from your doctor. If you have concerns about holding a medication, ask your doctor prior to discontinuing the medication.