



## AORTA AND RENAL DUPLEX STUDY Patient Preparation Instructions

\_\_\_\_\_ Davenport Diagnostic Center  
2<sup>nd</sup> Floor, Genesis Heart Institute  
1236 East Rusholme  
Davenport, IA 52803  
(563) 324-2992

\_\_\_\_\_ Moline Diagnostic Center  
1100 36<sup>th</sup> Avenue  
Moline, IL 61265  
(309) 743-6700

Your test is scheduled on: DATE: \_\_\_\_\_ TIME: \_\_\_\_\_

- **Please read these instructions carefully. Failure to follow these instructions may require the test to be rescheduled.**
- **If you need to cancel or reschedule this test you MUST call 48 hours prior to your appointment time.**
- **If your insurance has changed since the time your test was scheduled, please check with your current insurer to see if test pre-certification is required.**

### **What is an aorta duplex and renal duplex study?**

An aorta duplex and renal duplex study are ultrasound procedures. Images of the abdominal blood vessels are obtained. Images and recordings are made of the blood flow through these vessels. This can help to identify abnormalities in the arteries in the abdominal area.

### **How to prepare for the test:**

- Please fast for 12 hours prior to this test. If you are a diabetic, please ask your doctor about fasting and taking your diabetic medications.
- You can take all of your medications before and after this test. Sips of water with your medications are acceptable.
- Please wear comfortable two-piece clothing and undergarments.
- Please shower or bathe before your procedure.
- Please allow 45 minutes for this test.

### **Upon arrival at the doctor's office...**

A sonographer will escort you to an exam room and explain the procedure. The procedure is typically performed while you lie on your back. The sonographer will place a small amount of gel on an ultrasound probe and place it on different areas of your abdomen. The test usually takes about 45 minutes to complete. A copy of your test report will be sent to your physician.