



CAROTID DUPLEX STUDY Patient Preparation Instructions

_____ Davenport Diagnostic Center
2nd Floor, Genesis Heart Institute
1236 East Rusholme
Davenport, IA 52803
(563) 324-2992

_____ Moline Diagnostic Center
1100 36th Avenue
Moline, IL 61265
(309) 743-6700

Your test is scheduled on: DATE: _____ TIME: _____

- **Please read these instructions carefully. Failure to follow these instructions may require the test to be rescheduled.**
- **If you need to cancel or reschedule this test you MUST call 48 hours prior to your appointment time.**
- **If your insurance has changed since the time your test was scheduled, please check with your current insurer to see if test pre-certification is required.**

What is a carotid duplex study?

A carotid duplex study is an ultrasound procedure. Images and recordings are made of the blood flow through the blood vessels in the neck. This can help to identify abnormalities in the arteries in the neck.

How to prepare for the test:

- You can eat and drink normally before this test.
- You can take all of your medications before and after this test.
- Wear comfortable two-piece clothing and undergarments.
- Please shower or bathe before your procedure.
- Please allow 45 minutes for this test.

Upon arrival at the doctor's office...

A sonographer will escort you to an exam room and explain the procedure. The procedure is typically performed while you lie on your back. The sonographer will place a small amount of gel on an ultrasound probe and place it on different areas of your neck. The test usually takes about 45 minutes to complete. A copy of your test report will be sent to your physician.