



VEIN PHLEBECTOMY PROCEDURE Patient Preparation Instructions

_____ Davenport Diagnostic Center
2nd Floor, Genesis Heart Institute
1236 East Rusholme
Davenport, IA 52803
(563) 324-2992

_____ Moline Diagnostic Center
1100 36th Avenue
Moline, IL 61265
(309)743-6700

Your procedure is scheduled on: DATE: _____ TIME: _____

- **Please read these instructions carefully. Failure to follow these instructions may require the procedure to be rescheduled.**
- **If you need to cancel or reschedule this procedure you MUST call 48 hours prior to your appointment time.**
- **If your insurance has changed since the time your procedure was scheduled, please check with your current insurer to see if test pre-certification is required.**

What is a vein phlebectomy procedure?

Ambulatory or “Stab” Phlebectomy is a procedure used for the removal of large ropy veins. This is a surgical procedure, where tiny incisions are made directly over varicose veins, and the vein is removed in specific sections. These incisions are very small, and are not usually associated with a lot of pain. Phlebectomy should not be confused with the traditional method of removing varicose veins called “vein stripping.” It involved removing the entire vein and was a painful surgical procedure that often left patients debilitated for weeks.

How to prepare for the procedure:

- Do not wear perfume or cologne. Deodorant is fine.
- Do not use any lotion on your legs on the day of the treatment.
- Wear loose, washable pants (sweatpants or athletic pants) to your appointment. Also, bring a pair of loose, washable shorts for the procedure.
- If you have compression stockings, please bring them with you for the procedure.

Upon arrival at the doctor’s office...

A member of our staff will escort you to an exam room, explain the procedure, and ask you to sign a consent form. You will be asked to remove your outer clothing from the waist down. Your physician will examine your legs and identify the veins requiring treatment. Photographs of the treatment area may be taken for clinical documentation purposes. It is normal to feel some slight discomfort, burning, or itching during the procedure. It is normal to have some bruising at the incision sites for 2-3 weeks. This procedure usually takes less than 1 hour to complete.