



NON-THERMAL SCLEROSANT VEIN PROCEDURE Patient Preparation Instructions

_____ **Davenport Diagnostic Center**
2nd Floor, Genesis Heart Institute
1236 East Rusholme
Davenport IA 52803
(563) 324-2992

_____ **Moline Diagnostic Center**
1100 36th Avenue
Moline, IL 61265
(309)743-6700

Your procedure is scheduled on: DATE: _____ TIME: _____

- **Please read these instructions carefully. Failure to follow these instructions may require the procedure to be rescheduled.**
- **If you need to cancel or reschedule this procedure you MUST call 48 hours prior to your appointment time.**
- **If your insurance has changed since the time your procedure was scheduled please check with your current insurer to see if test pre-certification is required.**

What is a non-thermal sclerosant vein procedure?

A non-thermal sclerosant vein procedure treats veins in the legs through the injection of a foam solution (Varithena) into the affected vessel. The foam causes the diseased vein to collapse and is then deactivated. The foam is safe and typically has no serious side effects. Response to the foam varies from patient to patient and is dependent on the severity of the diseased vein. The appearance of your varicosities may improve over a period of time.

How to prepare for the procedure:

- Do not wear perfume or cologne. You may wear deodorant.
- Do not use any lotion on your legs on the day of the treatment.
- Wear dark, loose, washable pants (sweat pants or athletic pants) to your appointment. Also, bring a pair of loose, washable shorts for the procedure.
- DO NOT wear compression stockings 24 hours prior to the procedure; however bring them with you to the appointment.

Upon arrival at the doctor's office...

A member of our staff will escort you to an exam room, explain the procedure, and ask you to sign a consent form. You will be asked to remove your outer clothing from the waist down. Your physician will examine your legs and identify the veins requiring treatment. Your physician will inject the foam solution into the veins. It is normal to feel some slight discomfort and burning during the procedure. It is normal to have some redness at the injection site. The procedure usually takes less than 1 hour to complete.